



THE MEMBERSHIP MEETING
THIS MONTH IS ON THE SECOND
TUESDAY, April 9, 2013

Our speaker for this month is Bergen County Executive (CE) Kathleen Donovan. The CE along with the Board of Chosen Freeholders administers all county business.

In the 300 year history of Bergen County, she is the first woman to serve as county executive. She is actually the first woman in the history of the State of New Jersey to be elected to this position. Ms. Donovan had previously served the residents of Bergen County for a couple of terms as our County Clerk.

Bergen County is the largest of the 21 counties in NJ with approx. 918,000 residents in 70 municipalities. The county workforce oversees 15 county parks, multiple golf courses, a county police force, a county Sheriffs Dept. a county public works, a large roads dept. and much more. She will tell us about the job and her daily workflow and the many issues and ideas that come across her desk. Please welcome Ms. Donovan! You may have some questions for her! Please call **Herb Umland** at 201-891-6638 with any questions. Wives are welcome if they would like to hear Ms. Donovan.

Note from the President

While the calendar tells me that Spring has arrived, the six inches of wet, heavy snow on my deck sings a different song. But none the less, Spring brings the promise of warmer weather, renewal of the earth and the resumption of our several outdoor activities. Golf resumes with the start of April, and tennis and hiking groups will be out and about along with the Gardening group. It is time to shed some that winter fat. These groups are open to all members. Come join us.

There was a great article on Activities Unlimited in the Wyckoff edition of the Suburban News this week of March 21st. This Page one article gave a glowing overview of AU and contained quotes and stories of several of our members including **Joe MacDougall, Marty McGonigle, Herb Umland, Bill Smith, Al Coldon, John DeSantis, Ramon Casaprima and George Becker.** There was also a picture of the AU Guys band with photo credit given to **Dom Manobianco.** If anyone missed this article and would like a copy, contact me and I will get a copy to you. Our thanks to Rebecca Greene, Staff Writer for the Suburban News, for a great job.

Speaking of the AU Guys Band, John DeSantis is in need for additional band members. They are a great group of guys who have a lot of fun while entertaining not only our members but other groups in the area.

As I mentioned before, the Officers are here to make AU more enjoyable for all of our members. Any ideas you may have to improve the experience AU provides would be greatly appreciated. Use the suggestion box at the monthly meeting or call me direct – 201-891-9099.

ANNUAL MAY LUNCHEON

Our annual Luncheon this year will again be held at the **Indian Trail Club** in Franklin Lakes. Mark your calendars; the date is **Tuesday May 14th.** Last year's Luncheon was well received by the members and improvements are in place. Cost is \$24.00 per person, spouses and significant others are welcome. There is a cash bar with beer at \$5.00, wine at \$6.00 and mixed drinks at \$7.00. Open seating (no seating reservations). Doors open at noon with a buffet at 12:30.

The **AU Guys** will be playing for your listening and dancing pleasure. This along with great food, excellent ambiance and friendship of our fellow members promises to make this a memorable event.

Please make your check for \$24.00 PP payable to Activities Unlimited and send to:

Ramon Casaprima, 46 Walnut Street West, Mahwah, New Jersey 07430. Get your check in early.

NOTE: To facilitate processing, checks must be in the mail by May 4th.

We hope to see all on May 14th.



Duplicate Bridge Results

	1st	2nd	3rd
3/6	Hausman/Levin	Reed/Warner	Page/Smith
3/13	Chapman/Verdi	Reed.Smith	Martin/Milcos
3/20	Meloro/Riccardi	Freimuth/Warner	Finn/Gilpatrick
3/27	NS EW	Cheringal/Socolof Lewis/MacDougall	Gilpatrick/Reed Finn/Martin Riccardi/Smith Christie/Hulit

The AU Guys Band

The AU Guys Band is again making an appeal to all our fellow members to consider joining our band if you still have your instrument or know of a musician who needs some coaxing. Don't be shy, it's like riding a bicycle and you don't need a helmet.

The only two rules the band has are:

- 1) You must have fun.
- 2) If you make a mistake don't stop playing.

We practice most Wednesdays from 10:00 -12:00 Noon at the Lar-kin House.

COLOR COPIES AVAILABLE AT WRC

Copy facilities for AU Activities at the Wyckoff Re-formed Church now include COLOR capabilities with a new machine that has been recently acquired. The assistance of the church staff will be required and AU will be charged for copies made as in the past. This new machine can also produce color transparencies.

Food Pantry

At the March meeting, \$227.50 was given as donations to the Food Pantry.

The Deadline for May 2013 Newsletter articles is **April 30, 2013.**

Send to:

Email: lguarneri03@gmail.com

Or mail to: Lou Guarneri
128 MacLeish Court
Mahwah, NJ 07430

	OFFICES		MEETING
President	Frank Nusspickel	201-891-9099	2nd Tue 11am
1st Vice-Pres.	Herb Umland	201-891-6638	
2nd VicePres.	Ray Casaprima	201-891-3394	
Secretary	Ed Chanod	201-891-1995	
Treasurer	Dick Hensch	201-891-1309	
Asst. Treas.	Ed McGuirk	201-445-5729	
	COMMITTES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Joe Infosino	201-447-2261 201-337-5442	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	201-891-4048 201-848-8009	Wed 1 pm M,F 1 pm
Digital Camera	Ed Trerotola	201-236-1368	
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev. D. Bach	201-891-1782	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Gardening	Joe Lamela	201-327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	201-891-7567 201-891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	201-337-5666	Mon 9:00
Historian	Dom Manobianco	201-891-7185	
Investment	Herb Umland	201-891-6638	2nd Thru 9:30
Model RR	Lou Guarneri	201-847-1981	Wed. 7PM
Membership	Dick Gattoni Walt Widmer	201-652-0064 201-562-8666	
Newsletter Distribution By	Lou Guarneri Ed Schlachman	201-847-1981 973-423-1459	
Project Outreach	Marty McGonigle	201-529-1941	
Photographer	Chuck Bainbridge	201-447-2910	
Public Disc.	Walt Widmer	201-562-8666	4th Fri 9:30
Refreshments	Hank Boucher Jim Forbes Howard Vogel	201-445-2633 201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks	201-327-6649	Snow
Sponsor Liaison	Mike Wolff	201-891-4426	
Stock Market	Ramon Casaprima	201-891-3394	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	201-891-7185	MWF
Transport.	Ron Miller	201-891-5734	
Trips/Tours	Lou Guarneri George Lewis	201-847-1981 201-891-5883	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
Mike Kessler (Loretta)	617 Orchard Ln Franklin Lakes, NJ 07417	Publishing	Computers, Digital Camers, Golf, Skiing and Trips & Tours	H: 201-891-3536, C: 551-206-6188 csmkessler@aol.com
Ed Jansen (Jackie)	12 Appert Terr Mahwah, NJ 07430	Dir of Web Design	Computers, Golf and Skiing	H: 201-891-7360, C: 201-788-7445 carrara2@verizon.net



Science

The Science Club

March 14, 2013—Museum of Natural History Bus Trip

The trip went well—good weather with 29 people joining. The Planetarium and the IMAX, a movie on the Monarch Butterfly's life cycle trip from Texas-to-Toronto-to-Mexico was outstanding. Both of these displays were enjoyed by all.

March 19, 2013—Fred Theile gave an excellent presentation on WATSON, the IBM Computer which did well on Jeopardy. This presentation was based upon several film clips which traced the development of the computer, explaining how the 'Artificial Intelligence' concepts may be applied in the future.

April 16, 2013—Bob Talan will give a Talk to us on the History and Construction of the 2nd Avenue Subway. He has been in this field many years working on many projects in NYC and Buffalo.

In May, we will visit the Liberty Science Museum. This trip was planned for November, but cancelled because of Hurricane Sandy. The Date for the trip is planned for the first Thursday in May (May 2). The trip will be by car. Save the date, and all member's family and friends are invited. Details, drivers etc. will be finalized at the April S/C meeting. The May meeting is replaced by the Liberty Science Museum trip.

June 18, 2013-- Bob Saletta - Astronomy. Bob will give us a presentation reviewing the 10 most important developments in astronomy during 2012. Bob has discussed Astronomy in previous meetings—all of which have been excellent.

Note that we continue to need volunteers to give S/C talks. Please contact me to discuss ideas for future talks and suggestions to improve the Science Club, as well as information on future meetings and trips.

JACK YURASEK (201-337-4433)

Computer Technology Club

The old Computer Club is being re-activated as the Computer Technology Club as of April 2013. **The initial meeting will be held on Wednesday, April 17th at 10AM on the 2nd floor of Heneveld Hall.** Future meetings will be held on the third Wednesday of each month at 10AM on the 2nd floor of Heneveld Hall.

This initial meeting will consist of two parts; 1. we will have a round table discussion to ascertain from the attendees their extent of computer technology experience and to pin-down the desires of the group regarding topics to be covered during the next six (6) months; 2. a presentation on the current AU Web-Site ... this will include an in depth look at how web-sites are created and maintained. As part of the presentation we will explore what is involved in maintaining the AU Web-Site in the future and determine if any of the attendees want to participate in maintaining the AU Web-Site.

Keep in mind that the focus of the Computer Technology Club will be to provide its members an opportunity to learn about computer technology. This will include both PC and Apple products from the stand-point of hardware and software. Also, we will include cameras and cell phones as both incorporate extensive use of computer technology. Furthermore, we will provide instruction/training in various aspects of the computer / communications field which will include where appropriate experts from outside the AU organization.

This new club will have three chairmen;

Don A. Kirkpatrick (201) 759-3795 /

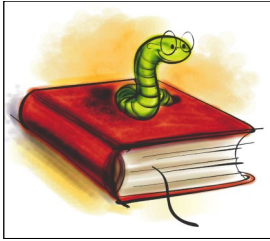
dakirkpt@verizon.net

Ed Schlacman (201) 423-1459 /

edandjune@aol.com

Fred Theile (201) 981-1801 / fredtheile@gmail.com

Please feel free to contact these individuals regarding your interest in participating in the new Computer Technology Club.



The Book Club

Books for April:

- * Assassins of the Turquoise Palace - Roya Hakakian
- * The World America Made - Robert Hagan
- * Thomas Jefferson - Jon Meachem

John Weingarten led off the March meeting with a discussion of Hidden American (Jeanne Laskas). In this book are stories about the people who make our lives run every day - and yet we barely think about them. Among these workers are miners, air traffic controllers, migrant workers, oil rig workers in Alaska, land fill employees, even cheerleaders for the Cincinnati Bengals. Many revelatory facts emerge. For example, many of the coal miners in Cadiz, Ohio are also farmers, who only work in the mines to finance their farms. We also learn that Maine is the largest producer of wild blueberries in the world. Washington County is where most of this work is one. Harvesting blueberries is backbreaking work, and, although one can earn as much as \$1350 a week, migrant workers do this job because the locals don't want to, even though the unemployment rate in this area is 12.2 percent.....

Tom Fitzpatrick gave a concise review of Ike's Bluff (Evan Thomas), which provides insight into Eisenhower's personality, character and abilities. Also discussed the major events of his Presidency. We learned that Ike hated and feared the idea of war in the Nuclear Age, and yet fostered the impression among the Soviets that if war came he would go all out, including nuclear weapons, as opposed to fighting a conventional war. This was "Ike's Bluff." It was his strategy to keep the peace. The book discusses the Suez Crisis, the U-2 spy plane incident, and this use of the CIA in Iran and Guatemala. Ike was wary of requests from the military for what he considered unnecessary or excessive funding, which led to his coining the phrase "Military-Industrial Complex." Everyone agreed that after reading this book, you came away with a much more favorable impression of Eisenhower and his Presidency.....

Can a cat really predict when a person is about to die? That is one of the questions raised in Making the Rounds with Oscar (David Dosa), a book **Joe Infosino** introduced. The cat, Oscar, one of several in the nursing home, is permitted to roam about Steere House, a nursing home in Providence, RI, and for whatever reason, does sense when a patient is about to die, and jumps on that person's bed, snuggles up to that patient, and stays there until that person passes away, usually within hours. This is a true story written by Dr David Dosa, a geriatrics specialist, many of who's patients reside at this nursing home. Most of them suffer from a form of dementia, usually Alzheimer's, and most of the book discusses the effect of the disease on the patient, the family, and the compassionate nursing home staff that serves them. Informative and inspirational.

Books for May:

- * Mary's Mosaic - Peter Janney
- * Killing Kennedy - Bill O'Reilly
- * Brideshead Revisited - Evelyn Waugh

Our next book club meeting will be April 10 at 9:30 a.m. at the Larking House (380 Godwin Ave., Wyckoff).

Joe Clinton



Public Discussion Group

The Public Discussion Group meets the 4th Friday at 9:30 am of each month at the Larkin House. We are a congenial group of individuals who enjoy exchanging their views on selected topics from current events. The opinions range sufficiently to stimulate very broad views on any and all topics. Join us for good discussions or just listen and observe. All are welcome.



The Golf Club

AU GOLF SEASON STARTS APRIL, 2nd

The AU Golf Season will start on Tuesday, April 2nd with play at Wallkill Golf Course in Middletown, N.Y. Golfers will meet at 7:15 AM at the WRC Parking Lot to set up foursomes and car pool up to the course. The 2013 schedule for Tuesday play at Wallkill will be posted on the AU web site.

Any questions call **Bruno Bissetta** at 201-891-7567.

Obituaries

Bill Daley, long time member and former AU Board member, died on March 10th. Bill was 81 and resided in Waldwick. He had been employed by the DL&W Railroad and then the Bank of New York as an accountant. He retired from BNY in 1988. Bill never married. He enjoyed traveling throughout the U.S. and Europe.

Lois Durante, wife of **Armand Durante**, died on February 24, 2013. Lois was a homemaker, a volunteer at Valley Hospital and Meals on Wheels, and a parishioner of the Wyckoff Reformed Church.



The Chess Club

The AU Chess Club meets monthly on the third Thursday from 9:30—12 Noon. Due to the small group of chess players we meet at **Bill Schultz's** home 9/10ths of a mile from the WRC. The games are played on an informal social basis and are unhurried and congenial. Unlike bridge, backgammon or gin, the factor of chance or the luck of the draw are not issues in chess. It purely exercises the mind and the cerebellum resulting in improving memory retention thus eliminating the necessity of prescription medicines to counter memory loss and Alzheimer problems. Games are played in front of the fireplace, at the kitchen table in view of several bird feeders or in the family room overlooking the green acres forest trees. Players need not be professional and most are in need rehabilitation and refresher courses. For more information or to schedule a game contact **Bill Schultz** (201) 891-5327.



Investment Study Group

INVESTMENT STUDY GROUP MEETING
Thursday, April 11, 2013
9:30AM

Our guest speaker this month is Brian Kazanchy, partner, wealth advisor and Chairman of the firm's Investment Committee. The firm is Regent Atlantic Capital, headquartered in Chatham, NJ.

The firm is one of the largest independent fee only wealth management firms in the country.

Our speaker is a CFP, CFA and has an MBA in Finance from FDU.

Come hear Brian's ideas on investing in today's economy.

Questions please call **Herb Umland** 201-891-6638.

The March Garden Club meeting began with topics submitted by members for discussion.

Don Wasson submitted an article about an early blooming called "HELLEBORES" (Lenten Rose). They are beautiful, long lasting and an early bloomer. A welcomed sight when they emerge in March.

Art Torell and **Fred Theile** contributed information on how "WOOD ASH" can be a useful soil amendment in the garden.

Dan Yandrasevich briefed us on his ground cover project plans and how this will fit into his overall garden project.

Members were provided information about managing Downy Mildew of Impatiens. The short answer is, "Don't plant them", they will likely die.

Sources for obtaining Mulch were exchanged among members with advise on its use. The "Let's Grow" North Jersey Conference at Bergen Community College will be attended by **Joe Lamela**.

Our group members with spouses or significant others went to the Sussex County Spring Fest Garden Show on Thursday, March 14th by car.

Fred Theile will be checking into details for a trip to Duke Gardens later in the spring.

STAY TUNED~~STAY WELL~~HAPPY GARDENING.



The Garden Club

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Monday, April 29, 2013 Mt. Airy Casino featuring a show with the Drifters, a DooWop Group seen on TV. Mt. Airy is offering an excellent package, AU Bus, \$25. Slot Play (Photo ID Needed), Free Lunch Buffet, and The Drifter Show at 3:30 pm. The cost for this Tour is \$49. pp. We only have 45 tickets to the Drifters show, so send your money in early. The Bus will leave WRC at 10 am and leave Mt. Airy at 6 pm. Make checks payable to Activities Unlimited and send to: **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ 07430, For more information call Larry at 201-825-5843.

May 21-23, 2013: Finger Lakes Trip. Three day, 2 night bus tour of the Finger Lakes of New York, includes: 2 dinners, 2 breakfasts, Finger Lakes Winery Tour, Scenic Lake Cruise and much more. \$365.00pp, (\$99.00 single supplement). Price drops to \$349.00pp with 40+ participants. NOTE: A \$100 refundable deposit per person is necessary for your reservation. Information flyers will be available at our monthly meeting. Make your check payable to AU and send to: **Dick Botta**, 413-D Bromley Place, Wyckoff, NJ 07481, (201) 848-9001

THURSDAY: June 20th, 2013 - Our Annual **SPRING FLING-SENIOR PROM** Dinner Dance will be held at SEASONS, in Washington Township from 5:30 - 9:30 PM. This will be a sit down dinner with assigned tables. It includes Hors d'oeuvres, Hot & Cold Appetizers, 3 Dinner Choices, Coffee & Dessert and 4 hour open bar. We reserved the Sky Room, which holds 100 guests, so send your check in early. Include the names of your seating quests with your check. Entertainment will be all night for your Dining & Dancing pleasure. Make checks payable to Activities Unlimited for \$67. pp & mail same to: **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ. 07430. Tel: 201-825-5843

Thursday, August 8, 2013 - Westchester Broadway Theatre -We have been advised by the Westchester Theatre of a change in venue and date for our August trip. Because of popular demand, the Theatre's run of the Rogers & Hammerstein musical THE SOUND OF MUSIC has been extended for an additional two weeks. We furthermore have been offered our same preferred seating but for the Thursday, August 8th performance, which we accepted. Most of the committed members have furthermore agreed to the change, but there are still a limited number of reservations available. Same price, no other changes, so we urge those interested to sign up and mail their checks (81.00 PP) promptly, while seating is still available. Bus transportation is included, with departure from the Wyckoff Reformed Church parking lot at 9:30 AM on Thursday, August 8, 2013. Meal selections will be at the Theatre, with five different food offerings available. We shall return about 4:00 PM. Checks should be made out to AU and mailed to **Ramon Casaprima**, 46 Walnut Street West, Mahwah, New Jersey 07430. For additional details please call Ray 201-891 3394. Don't miss this timeless musical classic.

Thursday September 5, 2013 AU's Annual Wine Tasting Party. Wine and Appetizer Social at the Brookside Manor Clubhouse, which is about 5 minutes from the Wyckoff Reformed Church. There will be wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$35.00 pp. This social will be limited to 50 people because of the size of the clubhouse which is perfect for everyone to mix and socialize in a nice atmosphere. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than August 15th, and send them to **George Lewis**, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883

Thursday September 26, 2013 San Gennaro NYC Trip - The 87th Annual Feast of San Gennaro , Inc. will take place in Little Italy for 11 days, on the streets of historic Little Italy, the lower Manhattan neighborhood which served as the first home in America for hundreds of thousands of Italian immigrants who came here seeking to improve their lives beginning in the early part of the 20th century.

Oct Oktoberfest

Tuesday December 17, 2013 Christmas Party at The Seasons

Other Thoughts:

Villa Roma in the Catskills

We are entering the BBQ season again. Therefore it is important to refresh your memory on the etiquette of this sublime outdoor cooking activity. When a man volunteers to do the BBQ the following chain of events are put into motion:

Routine...

- (1) The woman buys the food.
- (2) The woman makes the salad, prepares the vegetables and makes dessert.
- (3) The woman prepares the meat for cooking, places it on a tray along with the necessary cooking utensils and sauces, and takes it to the man who is lounging beside the grill - drink in hand.
- (4) The woman remains outside the compulsory three meter exclusion zone where the exuberance of testosterone and other manly bonding activities can take place without the interference of the woman.

Here comes the important part:

(5) THE MAN PLACES THE MEAT ON THE GRILL.

More routine...

- (6) The woman goes inside to organize the plates and cutlery.
- (7) The woman comes out to tell the man that the meat is looking great. He thanks her and asks if she will bring another drink while he flips the meat.

Important again:

(8) THE MAN TAKES THE MEAT OFF THE GRILL AND HANDS IT TO THE WOMAN.

More routine...

- (9) The woman prepares the plates, salad, bread, utensils, napkins, sauce and brings them to the table.
- (10) After eating, the woman clears the table and does the dishes.

And most important of all:

(11) Everyone PRAISES the MAN and THANKS HIM for his cooking efforts.

(12) The man asks the woman how she enjoyed her 'night off,' and, upon seeing her annoyed reaction, concludes that:

“There's just no pleasing some women.”



First-Class Mail